THE CAMPUS RESIDENT

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Local Residents Resort to Petitions to Make Voices Heard

At least four petitions have circulated at UBC (and the UEL) in the past year; they focus on a variety of issues, from minor to major. We review them here and provide contact where available.

Petition 1: Save Open Space in Wesbrook Village



Construction in Wesbrook Village.

This petition seeks to collect signatures in support of saving the second (building) lot on Birney Avenue near Mundell Park in Wesbrook Place. The other UBC lot would be developed as a community field.

Jennifer Douglas, Ursula Ellis, Desirée Wilson

Wesbrook Village is continually expanding, and the community is feeling some effects of overcrowding. The cost of living in Vancouver means that many of us are living in small spaces with no yards and people need room to spread out and play outside. Especially during the COVID-19 pandemic, as we collectively experienced restricted movement and the need to stay close to home even when outside, it has become increasingly clear that this community needs some large green spaces within its boundaries.



Building in Wesbrook Village.

The existing four "pocket" parks (as they are termed in the Wesbrook Place Community Plan, last amended April 2020) and the splash pad are all lovely—but small—community spaces. In fact, they are so small that if one other group is playing badminton or frisbee or fetch with their dog, most of the available space is taken up. The soccer field and volleyball courts near the high school are nice amenities but a lot of people seem to drive here to use them, and they are not as useful for our local community; they seem to be mainly used by for-profit groups for specific purposes.

Unlike in other parts of Vancouver, where most neighbourhoods are in walking distance of large, expansive parks that allow multiple kinds of use, there is no large space where the rapidly increasing population of the university neighbourhood community can spread out, where kids can throw or kick a ball around, or where the neighbourhood dogs can have an official off-leash area.

In this dense urban mixed-use community, there is a need to have loose open community spaces. While Jane Jacobs (author of The Life and Death of Great American Cities, a book that has inspired planners of urban mixed-use communities) advocated for bustling pedestrian 'sidewalk life', she also urged planners to resist the temptation to create over-planned and over-polished environments that are potentially sterile. While Wesbrook has an impressive network of sidewalks and some lovely wellmanicured small parks with fixed equipment, there is precious little open space where community members, especially children, can define spaces for themselves. With the conversion of the softball field

at Nobel Park, we recently lost one of the kinds of loosely defined spaces we need, where people played baseball, soccer, frisbee, tag, and other impromptu games and where toddlers ran after bubbles and families met and had picnics. While the signs on this currently closed-for-public-use field indicate that it will be open soon, the space is not the loosely defined grass field it was before, and its re-configuration is sure to change what is considered an acceptable use of the field, and what activities will be privileged there. The loss of this more free, open space has underscored the need for more of it in our community.

Given the density of Wesbrook, and the increased density that is yet to come, we believe there is a need to reconsider the land use plans to ensure that they work for the people who live here. There are currently two large lots on Birney Avenue, one zoned for a school and one that is zoned for a 16-story market tower and townhouses (i.e. not faculty or staff housing). It's entirely conceivable that this community will wait a decade or more for a school to be built, and when it is, its spaces will only be available for broad community use on evenings and weekends.

In May and June, we circulated a petition aimed to collect signatures in support of saving the second lot on Birney Avenue near Mundell Park to be developed as a community field. Recognizing the value of open green spaces to neighbourhoods, the City of Vancouver recently voted to create a large park in the still-developing Fairview neighbourhood; the petition we are circulating calls on UBC, UBC Properties, and the UNA to save this one, mid-sized field for mixed community use in Wesbrook Village.

Changes to the neighbourhood plan have

been made before, as recently as April 2020, and we hope that some community advocacy will encourage planners to consider further changes that prioritize residents and members of the UBC community who are already living here.

UBC is a major employer in the Vancouver area, an area that is notoriously expensive and where affordable and liveable housing for working families, new professionals and students feels increasingly out of reach.

It is in the university's interest to ensure that members of its community find neighbourhoods and homes that feel like home, where they feel like they can live well, and where they want to stay. As employees and students of the university and members of the UNA community, we hope others will join us in advocating for keeping our neighbourhoods as liveable as possible.

This petition is open and can be viewed and signed at forms.gle/RyGvidJ84T5DyzyL7

Contact: Jennifer Douglas at jen[dot] douglas[at]gmail[dot]com



Construction in Wesbrook Village.

Petition 2: Prevent 'Pot Shop' from Doing Business Steps from UBC

This petition (was) to let the University Endowment Lands administration office know the concerns and effects it would impose on our community, with the approval of a cannabis store at 5784 University Blvd. We ask that the UEL administration office strongly consider how the cannabis retail store aligns with the research and educational purposes on UBC, and how it will better serve the families, children and elderly in the area.

The University of British Columbia (UBC) campus is a place for research and education. The majority of those living in this area are families, students, staff and professors, oriented towards the purpose of the

university campus. By opening a cannabis retail store, more cannabis store customers will be attracted to visit the campus for purposes unrelated to the university.

UBC fosters a high density of minors, with an elementary school within 1.4 km, a high school within 1 km and another elementary school within only 700 meters to the location of the proposed cannabis retail. The location of the cannabis retail store is a business plaza including a food court, supermarket, fast food chains, Staples office supply, banks and educational institutes which are family, business, and academic-oriented.

PETITIONS continued on Page 2

PETITIONS continued from Page 1

Many elementary and secondary school students pass by this area on the way to school and spend time in this area after school with friends. By allowing a cannabis retailer to exist in this business plaza, we are putting vulnerable children at a high risk of exposure to substances they are too young for.

Since the legalization of marijuana in Canada in 2018, bypassing the smell of marijuana happens more often in recent years. Many buildings have prohibited smoking inside and within 6 meters of the build-

ing, which means smokers would probably smoke on the street, meaning open air will be polluted more seriously.

Moreover, second-hand smoke will impact the community significantly. According to the US Center for Disease Control, second-hand smoke causes negative psychological effects and toxic chemical effects on non-smokers. This is especially detrimental to the health of children and elderly individuals in our community.

Contact Connie Chen and others, at www.change.org

Petition 3: Save Ancient UEL Trees Along Wesbrook Crescent

A petition was sent to the UEL administration management staff demanding they leave ancient maple trees alone along Wesbrook Crescent — as they are not harming nor obstructing anything.

Management had a budget for cutting down trees across the UBC Endowment Lands and the manager is scheduling to cut down a corridor of near 100-year-old maple trees along the corner of Wesbrook Crescent and College Highroad, right beside the UBC bus loop and exchange.

When a local resident reached out to the UEL Office to inquire about the reason for this decision, the resident was apparently told that they have a budget for cutting down trees and it needs to be spent.

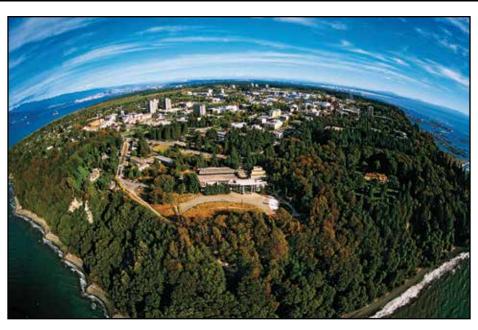
In a feature article in the Vancouver Sun on January 22, 2020, a resident was faced with the following comment, "The trees are located on public boulevards, are mature and of grand stature, but there has been a couple of near misses with major branches falling and a tree splitting in half. Drought, severe storms and disease are taking a toll."

There is no proof or sign of disease whatsoever in these trees, and cutting down each entire tree is unnecessary and extreme. These trees are not posing any threat to passersby nor obstructing any traffic or development. These trees have been around far longer than any of us and they are treasures to UBC and The University Endowment lands.

They are home to birds, insects, and entire ecosystems. They have been appreciated by residents and students for nearly 100 years and we need to fight to keep them around for the next century of students to appreciate.



UEL resident Chris Wall surrounded by maple trees near his UEL property Photo credit: Jason Payne, c/o an a Vancouver Sun article.



Aerial view of UBC Campus. Photo credit: Russ Heinl.

Petition 4: Give Partial Refunds to UBC Students for Lost Fees

The University of British Columbia has decided to implement a number of preventative measures to reduce the likelihood of the virus spreading to the student population.

Because of the financial impact of this decision, we are petitioning the University of British Columbia to give partial refunds to all students.

The implementation of preventative measures includes the canceling of all face-to-face classes and instead implementing remote online instruction.

While we applaud UBC's initiative for putting the student's health and safety as the main priority, it is important to consider the financial impact on the students, especially the international students considering the tremendous difference between the tuitions.

Currently, international student tuition at the University of British Columbia is

roughly \$28,000 per semester (depending on the program).

When most students agreed to take on the financial burden of taking out loans to pay such an exorbitant fee, we did so because we expected to receive in-person face-to-face instruction, as well as the opportunity to seek out help from our professors during office hours.

Because of the circumstances of this decision, this is no longer a possibility for students, and we are essentially stuck paying \$28,000 for online classes.

This does not account for fees for campus activity fees (activities which have all been canceled), lab fees, transportation fees, building fees (especially for the Sauder School of Business which takes around \$600 as a building fee), facilities fees, etc. It is no longer fair to charge students for such amenities.

Contact Irem Atalay, at www.change.org

Residents Relate How Rogue Dog Bit Baby

Child was 11 months old at the time; need for UNA Dog Bylaw was stressed at July Board of Directors meeting

The Directors were shocked.

They had just listened to a harrowing account of what happened to an 11-month-old baby some months before when the baby was approached by a dog, also a resident of campus, and bitten in the face.

The facts were presented to the Directors of the University Neighbourhoods Association by the parents of the bitten infant. After hearing the shocking facts, the Directors voted unanimously to instruct staff to investigate why, years after foundation of the community of UBC residents, there was no legislation in place to prevent such incidents.

As the files at the UNA office will indicate, a sincere effort was made about 15 years ago to launch the formulation of a UNA Dog Bylaw—or perhaps a UNA Dog Bite By-

law. Since those days, the number of people living on campus has increased enormously, and obviously the need for a bylaw has increased at the same time.

It will become clear as further work by UNA staff becomes known. Until then, care will need to be taken to ensure appropriate interaction between dogs and humans.

The owner of the rogue dog involved in this incident did not attend the presentation by the parents of the baby (perhaps they did not know about it). However, the parents of the child which was bitten, did attend and spoke eloquently of the need for legislation (bylaws) in the campus community to prevent—or attempt to prevent—a further event such as the one described.

Indeed, one of the parents is well known on campus for her affection for dogs, taking them to class when the opportunity arises. This resident referred to the fact that a dog registry has been established in Vancouver and wondered why such a registry could not be started at UBC as well.

Hearing that the baby in question was 'bit-

ten in the face', Directors visibly blanched. Richard Watson, Chair of the Board, said this was 'shocking' information to learn. Another Director wondered why the earlier UNA attempt to construct a Dog Bylaw failed.

A second aspect of this issue is the enforcement of any future Dog Bylaw, with a third focus being how to deliver a bylaw from scratch—given the UNA is firmly fixed outside Vancouver's regulations.



Apply to be part of the new UNA Land Use Advisory Committee

The UNA Board of Directors is establishing a Land Use Advisory Committee to serve as an advisory committee to the Board regarding land use planning and development on the UBC Campus, as well as to act as a forum to facilitate discussions on land use planning and development with residents.

Apply to be part of this committee by visiting: **bit.ly/luacommittee**

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Pacific Spirit Park Society Gathers Eagle Nest Data for Province-Wide Study

Eagles are so beautiful; volunteers feel as though by participating in monitoring program, they are contributing to the health of eagle species and the trees in which they nest

The bald eagle nest registry in the lower mainland is a province-wide program. The protection of nesting trees, and the trees in Pacific Spirit Park are very much a part of this program.

Laura Cottle, program coordinator for Pacific Spirit Park Society (PSPS), asks, "Did you know that in the 763 hectares of beautiful Pacific Spirit Park, lying on the doorstep of our University Neighbourhoods, there are at least 10 pairs of nesting eagles? And did you know that the non-profit PSPS has an eagle nest monitoring program?"

PSPS collaborates with Metro Vancouver via their Regional Park Partners program; and as such, they run a number of park-enhancement activities involving stewardship, data collection and education. Directed by a volunteer Board of Directors, the society's activities are coordinated by two part-time contractors who work with teams of community volunteers; one such team is the Eagle Nest Monitors.

PSPS volunteers cover a wide age range and variety of educational backgrounds. Previous 'birding' experience is not necessary – only the dedication to visit an eagle nest at least once per week and record all activities. Families, UBC students, even retired UBC professors are involved. Each monitor covers one to several nests, many of which are located in the narrow strip of foreshore Park that fronts the ocean of the Point Grey Peninsula. "We wouldn't be able to collect the extent of data without our wonderful team of eagle nest monitors", notes Ms. Cottle.



Eaglet with wings out.
Photo credit: Jorma Neuvonen.



2 chicks in Nest R. Photo credit: Rowena Kelly.

Although PSPS has been running the program for a number of years, only this year has it really expanded vis-à-vis the number of volunteers involved (over 15 active volunteers compared to only a handful in 2020), and number of nests monitored (increased from 8 to 12 in Pacific Spirit Park). In comparison to the stewardship programs at Camosun Bog and their 2021 restoration project site, which often involve volunteers working relatively close together, Eagle Nest monitoring can be done alone or in very small, COVID-friendly groups.

"To support our many new volunteers," explains Ms. Cottle, "we started the program this year with a couple of 'Learning Sessions' on Zoom, followed by a nest site visit with one of the 'Eaglers' – a group of three lead volunteers". Once the volunteers or volunteer family groups conducted their nest site visit, they were on their own to visit their designated nest(s) and monitor the eagle behaviour they observed. They then submit their eagle nest reports on a regular basis to Ms. Cottle who administers the program.

One such PSPS volunteer is Peter Ward. Peter is no stranger to bird studies, having been attracted to the discipline of birding by the abundant and colourful birds he encountered in Eastern Africa, where he lived as a teenager and in his twenties.

As a graduate student in California, Peter developed an interest in bird sound recording. When he moved to BC to take up a position of Assistant Professor in Civil Engineering at UBC, he had a pleasant surprise when he discovered fellow Faculty member Ken Hall also had an interest in bird sound recording.

So started a partnership of many years, wherein the two recorded bird sounds together throughout BC and Washington. Now some years retired, Peter noticed a message

in the PSPS newsletter asking for volunteer eagle nest monitors. He has taken up the new bird study with great enthusiasm helping other Eagle Nest Monitors as a lead "Eagler'.

The new nests now included in the PSPS monitoring program are mostly thanks to Peter's 'eagle eyes'. Also, using his clever cell phone telescope mount, designed and produced on a 3D printer by his 12-year-old grandson, Peter is able to take some great photos and videos of the eagle nests.

Another long-time park user and enthusiast Kathy Eugster was drawn to the idea of monitoring eagles, from her love of both the park and its animals. Kathy, a retired child and family therapist, feels the monitoring program is "fantastic!". She enjoys learning about eagles -- seeing them regularly and becoming more familiar with their behaviour. And now watching the chicks flap their surprisingly large wings, she is thrilled: "By participating in this program, I feel as though I'm contributing."

To what are the Eagle Nest Monitors contributing? How is the information that PSPS collects to be used?

Firstly, data about the locations of nests, and the productivity (number of chicks produced) of the nests helps inform Metro Vancouver Regional parks managers. Secondly, the cumulated season's data will be shared with the Hancock Wildlife Foundation.

This organization, founded by long-time eagle enthusiast David Hancock, has maintained a database of bald eagle nests in the Lower Mainland for over 20 years.

The information within this database informs two purposes: i) a legal reference of the eagle's existence for use by City and Provincial Wildlife Authorities in enforcing

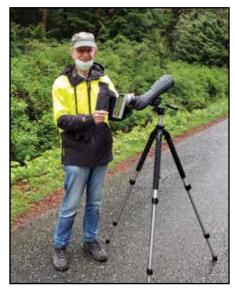
the laws that protect eagles and their nests, and (ii) a study of urban eagles' adaptive behaviours and particularly their productivity in the urban setting.

Just recently, at a nest viewing event for PSPS's eagle nest monitors held on July 4th, David Hancock spoke to the group about his lifelong work in protecting the bald eagle. "In 1964 through 1967, I could find only 3 pairs of bald eagles nesting in the entire lower mainland", explained David, "whereas now there are over 580 nesting pairs. Thanks to monitors such as yourselves, we know where these nests are located and if chicks are produced."

Also at the nest viewing event, eagle-fans Eric and Jean pointed their powerful video cameras at a nest located along NW Marine Drive and projected the live video onto a large screen for all to see. Participants enjoyed watching the 11-week old chicks 'wingercizing', flap-hopping to branches around the nest and receiving breakfast from an adult eagle.

All the exercising by the youngsters led then to successful fledging (first flight from the nest) on Monday July 12th, as noted by the eagle nest monitors. This information, and similar such information collected by monitors at other nests, provide the critical "nest productivity" data that will form part of the total package provided by PSPS to both Metro Vancouver park managers and the Hancock Wildlife Foundation.

PSPS Eagle Nest Monitoring program furthers our understanding of eagle-human relationships. To read more about the various programs of the Hancock Wildlife Foundation, such as the Bald Eagle Tracking Alliance, please visit their website (hancockwildlife.org/). If you are interested in becoming an eagle nest monitor, please contact Laura at volunteer@pacificspirit parksociety.org.



Peter with a cell phone telescope mount.
Photo credit: Laura Cottle.

Dark History Hurts as Never Before

Jane Kang is a writer and elected representative of UBC residents

Story in both English and Chinese (below) by Ms. Kang

Marine Drive runs from UBC campus to Vancouver. One side of it is the forest and the other is the coast. There is a wide grass slope running in the middle among a neat row of trees. It is a most pleasant view driving along, however recently, rows of orange T-shirts were erected on the grass strip, like crouching children. These orange shirts are on the ground to commemorate recent discovery of the bones of 215 Indigenous children. Those children were forcibly taken away from their parents, sent to residential schools and never returned home.

I learned this sad news over the radio while driving along Marine Drive last month. Tears ran down my cheeks. I was oblivious to the spring breeze and fragrance of the flowers outside of my window. Will the lost souls of these children lament when their bones were exposed to sunlight? Or will their desperate and painful eyes

gaze at—and interrogate—the soul of the abuser(s)? Or will they tell people today the tragic stories that once happened in Kamloops, BC, a town four hours of driving distance from Vancouver?

Like lots of new immigrants to Canada, I brought my children to this country for its clean air and beautiful environment. When this dark chapter of Canadian history was brought to light, it made me shudder. Should I expect to live only peacefully in an environment where the sky is blue, the sea is clear and the birds are flying? For example, take another matter: anti-Asian racism.

When the news about anti-Asian racism was reported in Vancouver recently, my neighbour and I went out for a walk. My heart tightened when I noticed that she had a bottle of bear spray in her hand. I even questioned myself if I had made the right choice to live in this land, with its nice neighbourhood surrounded by the sunny beach, snowy mountains and green forest.

I cannot fathom the depth of the Kamloops tragedy from the perspective of a sociologist or a historian. I am an ordinary immigrant. As I continue to learn how to integrate myself into this society, one thing that

I can't change is my Asian face. I realized that my identity is my language and culture. I can't erase from my memory the elegant



Jane Kang

prose of the ancient Chinese Han and Tang Dynasties. I am also aware that I live in a neighbourhood with diverse ethnic background.

As a well-educated and independent woman, I take pleasure in sharp exchanges of words in my own native language as much as I enjoy the witty humour of English. I like Persian poetry and Indian dance; Korean kimchi, Mediterranean lamb chops and Italian pizza.

As the only female Asian member of the Board of Directors of the University Neighbourhoods Association (UNA), I empathize with the petitions of residents of opposing perspectives and serve the community with integrity. So far as I understand the exchange of ideas and even conflicts in meetings, I believe in being fair and just in observing them. We accept the dark moments of history as a fact just as we are all impacted by the evils of the virus. We remember history, learn lessons and avoid the recurrence of tragedies. As Prime Minister Trudeau said this Canada Day on July 1: "We can't change the past. If we lead with those core values of hard work, kindness, resilience, and respect - we can achieve reconciliation and build a better Canada.'

暗黑历史下的创痛

UBC校园连接温哥华的Marine Drive, 一边是森林,一边是海岸,车道中间 是一道宽阔的草坡,草坡的中间是一 排整齐的树。最近在草丛间挂了一排 排橘黄色的T恤衫,像极了蹲伏的孩 童;这是来纪念最近刚发掘的原住民 儿童的尸骨,那些还没来得及长大就 消失的土著后裔,当年被强制从父母 身边带走,住进寄宿学校后再也没再 回来的215个生命。

六月早晨驾驶在这春风和花香的路上,广播里听到这个新闻,眼泪无声掉下来。那一个个消失的灵魂会不会籍着今朝刚刚被挖掘出来的尸骨,在曝露的阳光下轻声叹息,或者他们绝望痛苦的眼睛在凝视和拷问着施虐者的灵魂。那曾经发生的悲惨故事就在BC省Kamloops,离温哥华只有4小时车

我从遥远的东方而来,带着孩子为了清新的空气、美好的环境而来,可否不来。可否也是我不寒而栗,我可否在天蓝海清鸟儿飞的环境里继续安稳生活?在Asian hate紧张的时候,和邻居女孩出门走路,她手里紧紧抓着防狼喷雾。我的心是紧缩的,我必须的重新打量这雪山、大海和森林围绕的的安宁。

我不是社会学家,也不是历史学家, 无法判断这悲剧的深刻影响。作为入 良好教育背景的独立女性积极融入本 地;但我不可能改变我的亚都是现 犯唐的儒雅、舌尖的味蕾,都是里, 不掉的记忆。我生活在我的族群里, 我也在多元的邻里中。我喜欢难 故华语对谈,也爱英文机智的度的 我喜欢波斯的诗词,也喜欢印度的舞 蹈; 韩国的泡菜,地中海的羊排,意 大利的披萨,还有滋滋的汉堡。我带 着我的特点,也注定带了我的诉求, 我的愿景。那么在这不同而多元的人 文社会,如何适应、如何接纳、如何 相处?



Jane Kang

UNA BRIEFS AND UPDATES

Get Emergency Alerts Through Your UNA Account

Your UNA Account primary contact number is connected to UBC Alert, the university's mass notification system that sends alerts in urgent situations that pose an immediate safety or security risk to the community.

The system is supplied by an external organization called AppArmor, and messages are coordinated on UBC's main website ubc.ca, Twitter @ubcnews, and digital signage across campus.

If you have a UNA Account, we en-

courage you to check if your emergency contact information is correct by updating your "Primary Phone" in your UNA Profile Page. Alternatively, you can email support@myuna.ca for updates or changes.

If you do not have a UNA Account, you can sign up online at <u>myuna.ca</u> or by visiting any UNA community centre.

For more information on UBC Alert, please visit ready.ubc.ca/get-informed/ubc-alert/.

Central and Focal Buildings Designated to the UNA

As part of the Neighbours' Agreement 2020, Central Building (6015 University Blvd.) and Focal Building (6111 University Blvd.) have been designated to become part of the UNA's jurisdiction. Residents of these buildings can now transition from their UTown@UBC Cards to the UNA Card and enjoy all the services, facilities and amenities that the UNA offers.

If you are a resident of Central or Focal, your UTown Card will expire in August 2021. You do not have to wait for your card to expire to apply for a UNA Card.

If you are new to the UNA/UBC community, the UNA is happy to offer you community services by applying for a UNA Card.

For details on how to apply for a UNA Card, please visit the UNA Account page myuna.ca/una-account.

For a list of UNA services and facilities, download the UNA Guidebook at myuna.ca/assets/media/2021/06/UNA_Guidebook.pdf. (Hard copies of the UNA Guidebook will be delivered to units in Central and Focal in July and are available at any UNA facility.)

LETTER FROM UBC PRESIDENT

Moving Forward with Meaningful Reconciliation with Indigenous Peoples

I have been horrified by the confirmation of multiple burial sites of children at former residential schools over the past few months. I can only imagine the grief and pain that the families and communities of the missing children are feeling. UBC stands with First Nations seeking the truth about the missing children. We support having the children returned to their families and communities with proper protocols. May we honour their lives and the survivors, and never forget their stories.

Our thoughts are with the families, the communities, residential school survivors and all who mourn.

The Indian residential schools operated for more than a century as a partnership between the Canadian government and major churches, with the last school closing only in 1996. For much of that time, Indigenous children were forcibly removed to schools that sought to break their ties to their families, communities, and culture.

Many spent their entire childhoods in the schools and many died there, as we have been starkly reminded: the mortality rates at some schools at times surpassed 60 percent. Most suffered emotional or mental abuse, and many suffered physical and sexual abuse. The devastating legacy of the Indian residential school system has affected nearly every Indigenous family and the effects on communities are still here today.

Universities, including UBC, bear part of the responsibility for this history, not only for having trained many of the policy mak-



Professor Santa J. Ono. Photo credit Paul Joseph, UBC.



Reconciliation Pole at Main Mall. Photo credit: Hover Collective.

ers and administrators who operated the residential school system, and doing so little to address the exclusion from higher education that the schools so effectively created, but also for tacitly accepting the silence surrounding it.

We have made mistakes, and we cannot presume that we will not make more in the future. However, our commitment is to learn from our mistakes, and, together, to continue to move forward. Our commitment, as a university, and as a community of many members, must be strong, and must always result in meaningful action. That is our realization, and it is our duty to act.

The University of British Columbia, through its Indigenous Strategic Plan (ISP), is committed to addressing the impact of colonialism within the university and across both its campuses. The ISP is our guiding framework to help us collectively take action to advance the implementation of Indigenous peoples' human rights at UBC. (You can learn more about the Indigenous Strategic Plan at indigenous.ubc.ca.)

Now, more than ever, we must make our voices collectively heard that much more needs to be done to address the significant and long-standing colonial structures and systems, which have so negatively impacted many of our community members. We are committed to doing this work and moving forward with meaningful reconciliation with Indigenous peoples.

Santa J. Ono President and Vice-Chancellor The University of British Columbia

Police Press Need for Safe Driving "Every Time You Get Behind the Wheel"

Motorists are reminded that July is Safe Driving Month; serious figures can be attached to dangerous driving statistics

RCMP Staff Sergeant Chuck Lan attended the July meeting of the UNA Board of Directors and brought with him some serious comments about drunk driving.

Fist of all, Staff Sergeant Lan reminded Directors—and residents—who attended the meeting by Zoom that July is "Safe Driving Month". In fact, the entire month of July is dedicated to the Summer Counter-Attack impaired driving campaign, and police across the province are stepping up enforcement amid easing COVID-19 restrictions.

Police at UBC and elsewhere in British Columbia are always on the lookout for impaired drivers and, as summer is upon us, police throughout the province will be even more vigilant in their efforts to get impaired drivers off our roadways this July and beyond.

UBC has its own dangerous paths for drivers unless they drive with care. Those high-speed highways are namely 16th Avenue, Southwest Marine Drive, and Chancellor Boulevard.

Staff Sergeant Lan noted impairment means more than just alcohol impairment – it also means impairment by illegal drugs or prescription medication. In BC, an average of 67 people are killed every year in collisions where alcohol, drugs or medications were contributing factors.

"Too often our officers are put in the position of having to notify a family that they have lost a loved one due to an impaired driving collision," says Supt. Holly Turton, Officer in Charge of BC Highway Patrol, in a news release. "We want people to enjoy the summer but we also want people to make good decisions and choose to drive sober every time they get behind the wheel. If you do plan to drink alcohol or consume drugs of any kind, have a designated driver

or plan alternate ways home."

Staff Sergeant Lan said "We also want to remind all motorists that the COVID-19 pandemic is not an excuse to disregard the law. Our officers are committed to road safety and there will be times when we have to encroach on personal space to fulfill our duties, like conducting roadside sobriety tests, for example. COVID-19 does not exempt anyone from complying with a lawful demand,

nor will it prevent our officers from performing their duties as required,".

Motorists can expect to see an increased presence on our highways throughout the province during this enhanced enforcement campaign, and may also experience short delays. Police are asking motorists to drive safely and obey the directions of officers at any check-stop. Please drive safely every time you get behind the wheel.



UBC Softball Starts Up on UNA Land Once Under-Used

Old softball diamond in Nobel Park was rarely used; change from old to new was processed through UBC planning department

The Nobel Park Softball Diamond, renamed Collings Field, is now open for public use after renovations.

The softball field will be shared by the community of campus residents with the UBC Women's Varsity Softball team.

Field installations and upgrades include safety nettings surrounding the field, roofs on dugouts, new in-field and warning track, upgrades to fencing and re-alignment of field to meet NCAA requirements including two bullpens.

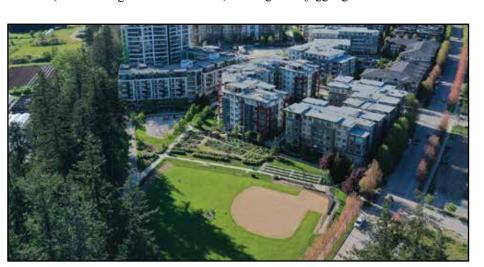
The field upgrades were completed back in April and it entered the Grow-In Phase of UBC development to allow the turf to re-establish. The team has announced the Grow-In Phase is now completed and it is expecting the UBC Women's Varsity Softball team to start practicing in September. (For bookings and information,

please email bookings@myuna.ca.)

When the UBC Thunderbirds Softball team begin playing at their new home on campus, the field itself may at first be unfamiliar but the name will certainly not be. Thanks to a significant gift from the Collings Stevens Family Foundation, UBC Athletics' newest facility will become a reality, and will also bear the name of the program's head coach and biggest champion, Gord Collings.

Gord's younger brother, Al Collings, also a UBC alumnus and former UBC Thunder-bird soccer player, and his wife, Hilary Stevens, through their Collings Stevens Family Foundation, have ensured that Collings Field at Nobel Park will serve as a lasting legacy for the dedication and tireless efforts of the T-Birds' softball coach who has guided the program since 2013.

Established in 2010, the UBC Softball program has been without a true home field on which to practice and play. The team has hosted their league home games at Softball City in Surrey, requiring student-athletes and coaches to make the commute from Point Grey on a regular basis. That extra time has only added to the existing challenges of juggling a full course load of



Collings Field.



Gord Collings with the UBC Women's Varsity Softball team. Photo credit: UBC.

studies along with the rigorous training, competition, and travel schedules.

Upgrades to the existing Nobel Field, located at the south end of campus in Wesbrook Village, will include a resurfaced field. Collings Field at Nobel Park will also provide close proximity to other UBC Athletics facilities, vastly improving softball student-athletes' access to training, therapy, and academic services while serving up a true home field advantage.

There is a strong argument to be made that without the new facility's namesake, the program wouldn't still be here today. Since his arrival at UBC in 2013, Collings has navigated his team through numerous hurdles including a tumultuous sport review that threatened the team's very existence.

The naming of Collings Field not only honours Gord's time as the head of UBC's softball program, but a lifetime of service to education and sport.

Graduating from UBC with a Bachelor of Science degree in 1975, Gord received his teaching certificate the following year and returned to Point Grey to complete his masters in education in 1985. He was a teacher and administrator for 33 years in the Delta school district.

After coaching at the community level for decades, Gord became the head coach of the Douglas College softball program in 2008, a position he held for five years, culminating with an appearance in the Northwest Athletic Association of Community Colleges Championship Final in 2013, just before joining UBC.

Well respected and admired in the UBC Athletics family and the greater softball community across B.C. and Canada, Gord's championing of amateur sport at numerous levels makes the naming of Collings Field a very fitting tribute.

The project was made possible with support from the University, and a fundraising campaign spearheaded by volunteers from the softball community. Rick O'Connor, Bill Sherritt, Deron Freer and Scott Jones worked to gather donations from over 70 individuals and businesses to raise valuable funds to begin the construction.

How the Pandemic Shaped the Sex Lives of Canadians

At the start of the pandemic, there were ample predictions that more time at home would lead to more time between the sheets.

But a new UBC study, recently published in the International Journal of Sexual Health, uncovers a more nuanced picture of how COVID-19 has shaped the sex lives of Canadians

"Sexual health is really complex," says the study's lead author Dr. Lori Brotto, a UBC professor of obstetrics and gynaecology and executive director of the Women's Health Research Institute.

The study—which surveyed more than 1,000 Canadians ranging in age from 19 to 81—examined the pandemic's impact on various facets of sexual health (desire, behaviour, compliance and coercion) at four time points between April and August 2020.

At the very beginning of the pandemic, the researchers found higher levels of COVID-19-related stress actually led to higher levels of sexual desire for a partner.

"Generally, sexual desire decreases with stress, but at the very start of the pandemic, when lockdown measures were at their strictest, the kind of stress people experienced was immediate. And that acute stress kicked off a fight-or-flight response, which we know can create anxious arousal that can be misinterpreted by the body as sexual arousal," explains Dr. Brotto.

But that libido boost didn't necessarily translate to people having more sex, she notes.

The high levels of early pandemic stress also led to higher levels of self-reported sexual coercion.

"While overall rates of sexual coercion were low in this study, consistent with what we've seen in past pandemics, CO-VID-19-related stress did lead to increased rates of sexual violence," says Dr. Brotto. "These results are alarming when you consider the possible long-term effects of stress persisting post-pandemic." As the pandemic progressed, the researchers observed falling rates of sexual desire for a partner. Despite this decrease, over the summer months as public health restrictions eased, there was an uptick in sexual activity—but only among those without a live-in romantic partner.

Meanwhile, sexual activity among partners living under the same roof continued to wane.

"Over time, COVID-19 became a chronic stressor on relationships," says Dr. Brotto. "Existing conflicts were only aggravated by new COVID-19 stresses associated with everything from working from home to childcare and financial difficulties."

Unlike desire for a partner, desire to masturbate was neither hampered nor boosted by easing restrictions, although people masturbated less as restrictions lifted.

According to Dr. Brotto, with the arrival of COVID-19 vaccines, safe sex practices are more important than ever.

"For some, there will be a sense of invincibility once they're vaccinated and a real sense of longing to engage in that part of their life again," says Dr. Brotto. "In regions of the world where people are fully vaccinated, we're starting to see a massive resumption of sexual activity, with people even listing their vaccine status on their dating profiles. If we're not careful, we could see a rise in unprotected sex and sexually transmitted infections."

On the flip side, Dr. Brotto says there may be new anxieties around sex after COVID-19.

"For those who really struggled with anxiety during the pandemic, we're going to need to increase sexual health supports and encourage people to engage in activities like mindfulness to re-cultivate their sexual health."

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Dr. Lori Brotto. Photo credit: Sheri Koop.

Monitoring Fire Danger on UBC Campus

"High!"

This is the comment you will hear if you dial the fire danger number of the Provincial Government, with this glorious sunshine around us.

There is only one level higher. "Extreme!" For this reason, people living in the UBC area have good reason to keep a weathered eye on the thermometer.

UBC residents will by now know of events in the area that have given cause for concern:

On the morning of June 29, an approximately 150 square meter fire broke out on steep and difficult terrain within Pacific Spirit Regional Park, near the top of Trail 5 between the museum of Anthropology and Wreck Beach.

• On Thursday July 8, there was another small fire on the UBC peninsula. It was extinguished quickly by Vancouver Fire Department, with support from Metro Vancouver Parks and Watershed Protection crews. The fire was approximately 0.6 hectares in size and was located on Ross Drive near TRIUMF Centre (the 1st fire was extinguished thanks to the combined efforts of responders, including Vancouver Fire Department, Metro Vancouver, and BC Wildfire Service. The fire was contained by 11:00 am).

"The incident is a good reminder of how careful we each need to be in these hot, dry months," Jen McCutcheon, Electoral Area A on the Board of Metro Vancouver, said. "Please be vigilant when outdoors especially when in the forest."

Northwest

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Government of BC Wildfire Dashboard, as of July 22, 2021.

If you notice a fire report it to 9-1-1.

Smoking is prohibited in all Metro Vancouver Regional Parks, except in designated smoking areas. Check the Pacific Spirit Regional Park web page frequently for the latest fire rating information and for current restrictions on outdoor cooking appliances. Once again on July 8, the Metro Director Ms. McCutcheon said, "This fire serves as a very real reminder of the risk of fire in our parks and other green spaces during the dry summer months."

At its website, the Provincial Government states how weather has a significant impact on wildfires—in how they start, how aggressively they spread, and how long they burn. Readers may find out the current fire danger in their area and other information regarding fire weather. The BC Wildfire Service operates about 260 weather stations which sends reports on an hourly basis. These hourly weather observations, supplemented by data from other agency stations, support fire weather forecasting.

Temperature, relative humidity, precipitation, wind speed, and wind direction are recorded by the fully automated stations. This data is transmitted to BC Wildfire Service Headquarters every hour from April to October. Data from other agencies' weather stations is also used.

The fire danger rating (i.e., the risk of a wildfire starting) for the province is updated daily at approximately 2:00 p.m. What the danger class ratings mean:

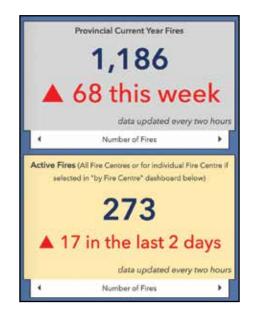
• Low: Fires may start easily and spread quickly but there will be minimal involvement of deeper fuel layers in the ground or larger fuels.

• Moderate: Forest fuels are drying and

there is an increased risk of surface fires starting. Carry out any forest activities with caution.

- **High**: Forest fuels are very dry, and the fire risk is serious. New fires may start easily, burn vigorously, and challenge fire suppression efforts. Extreme caution must be used in any forest activities. Open burning and industrial activities may be restricted.
- Extreme: Extremely dry forest fuels and the fire risk is very serious. New fires will start easily, spread rapidly, and challenge fire suppression efforts. General forest activities may be restricted, including open burning, industrial activities, and campfires.

The Lower Mainland is considered part of Coastal region for purposes of fire control, and at noon of July 22, the danger rating for Pacific Spirit Park—which is surrounded by the University of British Columbia was high to extreme.



Government of BC Wildfire stats, as of July 22, 2021.

Teens Breathe a Sigh of Relief Over Lifted COVID-19 Restrictions

Nicole DuaneGrade 11 student,
Lord Byng Secondary School

Summer of 2020 came and went uneventfully for many teenagers. Mostly confined to their homes, it was difficult not to let boredom creep in; the extent of social outings were masked, as were walks around the neighbourhood or perhaps a bike ride.

Time passed by slowly, whether dedicated to online school, gaming, or sleeping in. At the same time, summer of 2021 seemed to have arrived in a blur—did COVID restrictions really begin over a year ago?! It is likely that many students have felt robbed of their teen years and social lives, and are looking forward to making the best of this school break.

Even now, with Canada's ban on nonessential international travel, a lot of the usual summer activities are off the table; teens still do not have the option to visit family abroad, or visit foreign cities and tourist destinations. While many actually prefer to stay at home, there's no doubt that a vaca-

tion with friends or family could often be the highlight of their year.

But this summer, many of Vancouver's entertainment classics are coming back. These are the places that many teens look forward to during their school year, and visit religiously every summer. The Richmond Night Market, for example, has announced its opening for July 23, 2021. At its peak in pre-pandemic times, the market saw over 30,000 visitors every single day, and hosted hundreds of booths offering novel Asian dishes and trinkets. Playland at the PNE is also running this year, featuring dozens of rides for adults and children alike. Although both events are operating at limited capacities, many Vancouver teens will still find a slot for their visit—especially since they had to remain home the year before.

In addition, teens are flocking to longmissed social scenes. For the first time in months, their feasible weekend activities can include movie theatres and shopping trips at the mall. While many are still a bit apprehensive at the thought of public indoor settings, the idea of returning to their pre-COVID lives is tantalizing. Many facilities around the neighbourhood have also opened its doors for the public: you can book admission for a dip in the UBC Aquatic Centre, or visit the skating rink at UBC Thunderbird Sports Centre.

On the other hand, it is perhaps not these events and places that are most enticing for

teens. Perhaps it is as simple as a household visit; it is being allowed to enjoy a sleepover at a friend's house, or share a birthday cake with a group over their kitchen table. The pandemic had taken away these channels for social connection, and at the end of the day, perhaps we miss them more than shopping trips or rollercoasters.



UBC Aquatic Centre. Photo credit: UBC Brand Marketing.

Researchers Reflect on Who Beats the Heat—Inside and Out

Staying cool and safe in the heat may be challenging. Here, two UBC experts share some tips and practices for warm weather safety

Dr. Sarah Henderson is an associate professor of population and public health at UBC, and the scientific director of environmental health at the BC Centre for Disease Control. She researches the impacts of air pollution and extreme weather events. Dr. Adam Rysanek is an assistant professor of environmental systems at UBC, and a healthy buildings expert who is working on alternative means of cooling indoor and outdoor spaces without relying on traditional air conditioning.

What are the challenges and risks associated with extreme heat?

Henderson: The primary risk associated with extreme hot weather is overheating, which can lead to heat stroke. When the external temperature is high, the body must work much harder to keep the core temperature at 37 degrees. Certain groups are at higher risk of overheating, including

infants and children, older adults, outdoor workers, and anyone whose health is com-

Rysanek: To be frank, for a generation we've abandoned the design and construction of buildings that have some natural resiliency to extreme heat. Simultaneously, we haven't taken up "indoor cooling" as an essential building service. A heat wave will always be a big challenge for a city of glass, but recurring climate changeinduced heat waves is an emergent public health risk that requires us to change how we renovate and design new buildings.

How can people ensure safety and minimize discomfort?

Henderson: The best way to protect yourself during hot weather is to help your body stay cool. Drink plenty of water—even more than you think you need. Your body needs to be well-hydrated to produce sweat. Listen to your body at all times. Slow down and cool down if you are feeling unwell. Seek emergency care for symptoms of heat stroke such as flushed, dry skin, confusion or fainting. The BCCDC has some good resources on hot weather safety. Wear loose, breathable clothing. Seek shady, breezy places



Dr. Sarah Henderson

outdoors, especially those near to natural water sources or water features. Spend time in air-conditioned spaces if you can, especially during the hottest hours of the day, and limit the use of stoves and ovens to reduce the amount of heat generated in-

Rysanek: Hot weather on the West Coast is usually dry, which means that water can evaporate easily and that's good news! When sweat or water evaporates off your skin, it cools your skin in the process. This is the primary mechanism that your body has for cooling itself. Some people may be familiar with the technique of blowing a fan over a bowl of cold ice water. Another tip is to put on a damp shirt or apply a wet cloth to your skin, and then blow a fan over you. When this artificial sweat evaporates, you'll get a real cooling boost beyond just the feeling of the cold water on your skin. Outdoors, wear a hat or stay in the shade. Indoors, we still want to be mindful of balancing air quality vs. the heat, and everyone's situation is different.



Dr. Adam Rysanek

What else do we need to know?

Henderson: Do not allow stigma to keep people out of cool spaces or to prevent offering assistance—marginally housed people have died in Vancouver during previous extreme hot weather events. Check on people who are chronically ill or live alone and may need help in the hot weather. And never leave children or animals in a parked car—temperatures can rise rapidly in enclosed vehicles.

Rysanek: By all means take it easy and do what you can to keep your metabolism low and slow. If you're not a marathon runner, this is not the weekend to do your first practice.

Useful links:

- · Warm weather safety in a time of COVID-19 (bccdc.ca)
- · Fact sheet: Staying healthy in the heat (canada.ca/en/health-canada)

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Updated UNA Restart Plan

After receiving updates from the Provincial Health Office and the BC Recreation and Parks Association (BCRPA), the UNA has updated their UNA Restart Plan that was recently shared. Beginning July 5, 2021, the following changes will be implemented:

Wesbrook Community Centre and Old **Barn Community Centre**

- · Front desk services, common spaces, washrooms (including lockers and change rooms at the Wesbrook Community Centre) will be reopened.
- Lending of equipment and toys will resume. Room bookings and birthday party book-

ings will remain suspended and resume soon.

Wesbrook Fitness Centre and Old Barn **Fitness Centre**

• Drop-in system to restart (pre-booking workout slots will no longer be necessary and pre-COVID capacities will be in effect) Reminder: Please sanitize all fitness centre equipment immediately after use.

UNA Main Office

• To re-open for general service to the public on Tuesdays and Thursdays from 2-4 p.m.

Recreation Programs

- · Normal class sizes will resume
- · Physical distancing will no longer be required
- Verbal health screening will no longer be required
- Buffer times between classes will no longer be required
- Sharing of equipment will resume
- · Normal cleaning standards will be implemented

General Safety

Wearing a mask while visiting/working at any UNA facility will be optional, however, it will be recommended in public indoor settings for all people ages 12 and older who are not yet fully vaccinated. Some people may choose to continue to wear a mask after they're fully vaccinated and that's okay. If you are feeling sick or have symptoms of

COVID-19, please stay home and visit our facilities when you are feeling better. As part of our Step 3 safety measures and to conform with Provincial Health Orders and WorkSafe BC guidelines, we will be replacing our COVID-19 Safety Plan with a Communicable Disease Prevention Plan. This plan will be shared at myuna.ca.

The above changes will be in place until the Province implements Step 4, at which point, we anticipate a full return to normal operations and service levels. We are excited to welcome the community back into our facilities and we hope to see you soon!

Facility services beginning July 5:

Wesbrook Community Centre

Community Centre hours of operation will remain unchanged; weekdays: 8:30 a.m. -8:30 p.m., weekends: 8:30 a.m. – 5:30 p.m.

- Common spaces will reopen
- Fitness Centre will return to drop-in system; weekdays: 7 a.m. - 8:30 p.m., weekends: 8:30 a.m. – 5:30 p.m.
- Room rentals will resume soon.
- · Washroom, change rooms/lockers will reopen

Old Barn Community Centre

Community Centre hours of operation to align with summer camp operations; weekdays: 8:30 a.m. – 5:00 p.m. weekends: closed

- Common spaces will reopen
- Fitness Centre will reopen and return to a drop-in system; weekdays: 8:30 a.m. - 5:00 p.m., weekends: closed
- Room rentals will resume soon.
- Washroom access will remain available

UNA Main Office

• The UNA Main Office will re-open for general service to the public on Tuesdays and Thursdays from 2-4 p.m.

Board & Committees

Board Meetings to restart at Wesbrook Community Centre starting in September. Committee Meetings to restart at Wesbrook Community Centre starting in September.

